



905-568-9899

[www.cacdcanada.org](http://www.cacdcanada.org)

## You can help!

We know that our volunteers have important responsibilities outside CACD. They don't want unfamiliar tasks, open-ended commitments, or worry that there's no support. So we promise every volunteer that:

- We ask for only a couple of hours a week.
- A practiced person helps you at the start.
- You take a specific and well-defined role.
- You're taken through tasks step-by-step.
- You'll always have back-up and resources.
- You will get something back for your effort.

The more help CACD can welcome, the more good can be done. And we try to give as good as we get, offering new contacts, connections, training, experiences and fun.

You can take on vital responsibilities and make a difference in the community alongside us, as:

- Elder Mentors
- Peer Mentors
- Professional Mentors
- Counsellors

Also, like any similar organization, CACD needs help with support activities from:

- Field and Academic Researchers
- Web, Media and Print Communicators
- Operations Directors
- Activities Directors
- Resource Directors

**Filling out this card brings no obligation. It's just how you can find out more!**



905-568-9899

[www.cacdcanada.org](http://www.cacdcanada.org)

# Get in touch!

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Best time to contact you: \_\_\_\_\_

## Role of Interest (check any you like):

Interested in secondary school community service credits?

• **Elder Mentoring**

If you are 55 or above, your life experience could make a valuable difference to youth caught in a vicious cycle with those closest to them. All you need to do is be there.

• **Peer Mentoring**

If you are 21 or younger, your common perspective with a youth who is at risk can turn them onto a better path. And you'll gain as much in experience as you give of your time.

• **Professional Mentoring**

If you are in the midst of your career and family life, help a youth at risk visualize the same for themselves, and the path to reaching it. You could change the world.

• **Counsellors**

With any experience in nutrition, youth justice, chaplaincy, or coaching, you can multiply our efforts and your influence on troubled communities by participating in our programs.

• **Field and Academic Researchers**

Find who most needs help and how best to give it! Focus our efforts - just by asking the right questions!

• **Web, Media and Print Communicators**

The more who know of CACD, the more we can help! Polish your skills & build a portfolio with our experienced team!

• **Operations Directors**

Help organize and supply our coaches, mentors & counsellors - a little goes a long way!

• **Activities Directors**

Become the life of the party - it's easy when we're all behind you one hundred percent!

• **Resource Directors**

Become the life of the community, and find the support we need to deliver life & parenting skills to youth at risk.