



CACD COVID-19 Updates – Stay informed.

To all our CACD members, volunteers, friends and associates:

In the past weeks, community organizations have moved quickly to align their operations with government recommendations and public health measures developed to constrain the spread of COVID-19, resulting in an the suspension of non-essential programs and services.

However, as the COVID-19 pandemic evolves, CACD will continue to work diligently to keep the safety and wellbeing of program participants, staff, and volunteers at the heart of all its decisions.

For your latest updates:

Peel Public Health maintains our [centralized local source](#) for information, news and resources regarding COVID-19 and its impact in our region. Our other levels of government have also established websites: [Town of Caledon](#) | [City of Brampton](#) | [City of Mississauga](#) | [Province of Ontario](#) | [Government of Canada](#).

You can protect yourself and help prevent spreading the virus to others if you do the following:

- Wash your hands regularly for 20 seconds, with soap and water or alcohol-based hand rub
- Cover your nose and mouth with a disposable tissue or flexed elbow when you cough or sneeze
- Practice social/physical distancing
- Stay home and self-isolate from others in the household if you feel unwell
- Don't touch your eyes, nose, or mouth if your hands are not clean

Together we are stronger - Stay Safe!!